



Athletics Department &
Sports Medicine Department

Dear Parents,

We would like to thank you for taking part in the new process of submitting athletic pre-participation paperwork online. This new automated process will allow us to be more efficient in handling the forms as well as saving valuable resources.

Dallas ISD and the UIL require the parent/legal guardian to complete the following electronic forms every year.

All forms will be submitted electronically except for the UIL - Pre-participation Physical and Medical History form which will be turned into your High School Campus Athletic Trainer or your Middle School Coordinator.

All athletes in 7th – 12th grade must have an annual physical exam by a Doctor to participate in athletics, practices, or games.

The UIL - Pre-participation Physical evaluation – Medical History form may not be completed prior to May 1st of the previous school year.

No student athlete will be allowed to begin participating in athletics or after school workouts until all online forms and medical paperwork are on file with your High School Campus Athletic Trainer or your Middle School Coordinator.

If you have any questions; High School student athletes please contact your **High School Campus Athletic Trainer**
Middle School student athletes please contact your **Middle School Coordinator**.

First step is to go to: Dallasisd.rankonesport.com

Then follow instructions below. *This information will also be on Rank One Instructions tab*

The Instructions for The UIL - Pre-participation Physical evaluation - disregard since you are receiving the form with this paperwork.

Instructions: Dallas ISD & UIL Pre-participation Forms:

You will need your son/daughter's full name and their school ID number to complete the forms.

1. Click on the tab titled "Electronic Participation Forms"
2. Click on DISD Emergency Card, Please fill in all the blanks and then the parent electronically signs the signature box. Also, parents will input current email address near bottom and then submit.
3. Then go to final tab and click on UIL Forms Signature Page. You will see 5 items that will need to be read and then check the box stating you have read each form.
 1. Acknowledgement of Rules, 2. Concussion Acknowledgment Form, 3. Parent/Student Steroid Agreement Form,
 4. Sudden Cardiac Arrest Awareness Form, 5. DISD Additional Acknowledgement of rules form
4. Then fill out information below links and then sign, both the student and parent must sign. Also, parents will input current email address and then submit.
5. Remember that you cannot submit the physical form online. It must be filled out by a Physician and returned to your High School Campus Athletic Trainer or your Middle School Coordinator.
6. To sign the documents, click inside the signature box and hold your mouse down. This will allow you to create an "Electronic Signature". If you make a mistake and need to start over click on the refresh icon next to the signature box. If you are using an IPAD, you may create an electronic signature, by holding your finger to the screen and signing your name or by using a stylus.
7. Once you have filled out all of the information on each page you will have the opportunity to print the document.
8. You will receive a confirmation email once the documents have been reviewed by your High School Campus Athletic Trainer or your Middle School Coordinator.

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Middle School student athletes please contact your Middle School Coordinator.